

# The Sage Horse Center For Equine Assisted Learning

## Positive Thinking, Healing and Change Through Horses

The Sage Horse Center for Equine Assisted Learning has recently launched learning opportunities with horses while helping humans achieve growth.

Partnering with therapists and educators, The Sage Horse was formed by Rebecca Bauer, who is completing a certification as an equine specialist in mental health and learning through PATH, Int'l (Professional Association of Therapeutic Horsemanship International). Programs will cover areas from personal development and counseling to corporate team building and leadership workshops.

Equine assisted learning and psychotherapy (EAL/EAP) involves ground activities with horses with specific treatment or learning goals for clients. The effectiveness is attributed to experiential learning and the power of the horse that offers a real, in-the-moment reflection and experience. In the process, a client's own self and issues can be revealed with the opportunity to change and grow.

The first personal development workshop was completed in October and November 19th will be, "Begin Your Journey in EAL/EAP" with Dede Beasley, LPC, who has facilitated her Equine Experiential Counseling for twenty years.

For more information on the workshop visit: [TheSageHorse.com](http://TheSageHorse.com).



## Puttin' on the Dog/Cat Gala

The Humane Society of Sumner County is celebrating its 37th year of assisting animals and it's the support from the community that enables them to continue to do so. The organization has assisted thousands of homeless animals by placing them into permanent homes through their adoption program, by re-uniting lost pets with their guardians, and by providing sanctuary to those in need. Recognized by the state of Tennessee as a 501(c)3 non-profit organization, your donation is tax deductible.

Saturday, Nov 5th at Kennesaw Farms Clubhouse, The Humane Society will hold its 8th annual Puttin' On the Dog/Cat Gala. They will be celebrating adopted and awaiting-a forever-home animals, volunteers, the adoption center team, 2011 victories and most importantly their HSSC supporters with food, cheer, silent auction items and a few surprises. The 13 winners of their 2012 Pet Calendar contest will also be announced.



The Gala is their largest fundraiser of the year, and if you would like to be a Sponsor or donate an item for the Silent Auction please contact Glenda Stone at 615-230-3031 or email [glenda.stone@comcast.net](mailto:glenda.stone@comcast.net).

If you would like to attend the event, ticket price is \$35 per person and may be bought by calling 615-394-8903. For more information visit [SumnerHumane.org](http://SumnerHumane.org).



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